


# September

## BREAKFAST 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Cream of Wheat Banana, Milk	4 Baked Cinnamon Toast Apple Sauce, Milk	5 WG Crushed Pineapple Muffins Watermelon, Milk	6 Oatmeal Orange, Milk
9 Cereal: Corn Flakes Apple, Milk	10 Cinnamon Pasta Banana, Milk	11 Pumpkin Bread Apple Sauce, Milk	12 Couscous W/Raisins Watermelon, Milk	13 Baked Cinnamon Oatmeal Clementine, Milk
16 Cereal: Cheerios Apple, Milk	17 Baked cinnamon Pita Banana, Milk	18 WG Banana Bread Apple Sauce, Milk	19 Baked Oatmeal Watermelon, Milk	20 French Toast Orange, Milk
23 Cream of Wheat Apple, Milk	24 Pancakes Banana, Milk	25 WG Buttered Toast Apple Sauce, Milk	26 Hard Boiled eggs Sliced Cucumbers, Milk	27 WG Apple Sauce Muffins Clementine, Milk
30 Cereal: Corn Flakes Apple, Milk				

Whole, unflavored milk is served to 1 year olds  
 Skim, unflavored milk is served to children ages 2 and older

# September LUNCH 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  Happy Labor Day — We are closed —	3 Sweet & Sour Chicken Stir Fry Veg Brown Rice Apple, Milk	4 3-Bean Chili & Cheese Topping (P) Baked Potato (V) WG Tortilla Chips (C) Watermelon, Milk	5 BBQ Meatloaf Couscous Corn Pineapple, Milk	6 Cheese & Beans Enchilada Casserole (P) (C) Garden-Romaine Salad (V) Banana, Milk
9 WG Pizza on Pita (P) (C) Minestrone Soup (V) Klementine, Milk	10 Chicken Fajita w/ Sautéed Peppers Brown Rice Apple, Milk	11 Tuna Salad WG Pita Garden-Romaine Salad Watermelon, Milk	12 WG Spaghetti & Meat Sauce Seasoned Yellow Wax beans Pineapple, Milk	13 Egg Salad (P) WG Roll (C) Potato Soup (V) Banana, Milk
16 WG Grilled Cheese-Sandwich Tomato Soup W/Rice Sliced Cucumbers Klementine, Milk	17 Herbed Baked Chicken Brown Rice Coleslaw Apple, Milk	18 Baked Eggs & Cheese Garden-Romaine Salad Orzo Watermelon, Milk	19 Hamburger Sliders (P) WG Bun (C) French Fries (V), Pickles (V) Ketchup Pineapple, Milk	20 WG Tuna Noddle Casserole Tri-Color Pepper Sticks Banana, Milk
23 Baked Cheesy Spinach-Squares WG Roll Mushroom-Lentil Soup Klementine, Milk	24 Cuban Chicken Brown Rice Peas & Carrots Apple, Milk	25 Mac N' Cheese Peas Watermelon, Milk	26 Sloppy Joe WG Bun Coleslaw Pineapple, Milk	27 Cheese Lasagna Garden-Romaine Salad Banana, Milk
30 Hummus Falafel Balls WG Pita Israeli Chopped Salad Klementine, Milk				

Whole, unflavored milk is served to 1-year olds  
 Skim, or low fat (1%) unflavored milk is served to children ages 2 and older  
 All Grain items served are whole Grain-rich/enriched

 **On Tuesdays & Thursdays milk for lunch is served at 10:30 am (an hour before Lunch is served)**



# September SNACK 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Trail Mix Orange  Second Snack: Baked Garlic Pita Sliced Cucumbers	4 Corn on the Cob Shredded Cheese  Cereal: Rice Krispies Milk	5 Snack Crackers Hummus  Animal Crackers Apple Sauce	6 Cottage Cheese Diced Peaches  WG Crushed Pineapple Muffins Milk
9 Yogurt Pineapple  Tea Biscuits Milk	10 Snack Crackers Hummus  Trail Mix Orange	11 Cereal: Cheerios Milk  Second Snack: Animal Crackers Diced Peaches	12 Tortilla Chips Salsa  Second Snack: Pumpkin Bread Apple Sauce	13 Rice Cakes & Jam Milk  Yogurt Apple
16 Cottage Cheese Pineapple  Graham Crackers Milk	17 Pita Hummus  Animal Crackers Orange	18 Sliced Cheese Snack Crackers  Cereal: Corn Flakes Milk	19 Tortilla Chips Salsa  WG Banana Bread Apple Sauce	20 French Fries, Ketchup Shredded Cheese  Cottage Cheese Diced Peaches
23 Yogurt Pineapple  Tea Biscuits Milk	24 Baked Garlic Pita Sliced Cucumber  Trail Mix Orange	25 Cereal: Rice Krispies Milk  Sliced Cheese Snack Crackers	26 Rice Cakes Hummus  Graham Crackers Apple Sauce	27 Yogurt Apple  Cereal: Cheerios Milk
30 Cinnamon Raisin- Couscous Milk  Second Snack: Cottage Cheese Pineapple				

Whole, unflavored milk is served to 1-year Olds  
Skim, or low fat (1%) unflavored milk is served to children ages 2 and older