



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| | | | | 1 Cream of Wheat Orange Milk |
| 4 Cereal:Corn Flakes Apple Milk | 5 Baked Oatmeal Banana Milk | 6 WG Pumpkin Bread Apple Sauce Milk | 7 Cinnamon-Raisins Couscous Klementine Milk | 8 WG French Toast Orange Milk |
| 11 Cereal: Rice Krispies Apple Milk | 12 Apple Sauce Muffins Banana Milk | 13 Cinnamon Oatmeal Apple Sauce Milk | 14 Hard Boild Eggs Sliced Cucumbers Milk | 15 Buttered Pasta Orange Milk |
| 18 Cereal: Cheerios Apple Milk | 19 WG Buttered Toast Banana Milk | 20 Banana Muffins Apple Sauce Milk | 21 Cream of Wheat Klementine Milk | 22 Pancakes Orange Milk |
| 25 Cereal:Corn Flakes Apple Milk | 26 Toast & Jam Banana Milk | 27 Baked Oatmeal w/Apples & Raisins Apple Sauce Milk | 28 Thanksgiving | 29 School Closed |

Whole, unflavored milk is served to 1 year olds
Skim, unflavored milk is served to children ages 2 and older



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| | | | | 1 Cheese & Beans Enchilada Casserole Corn Banana, Milk |
| 4 Baked Cheesy Spinach- Squares WG Roll Lentil Soup, Sliced Cucumbers Klementine, Milk | 5 Cuban Chicken Brown Rice Garden-Romaine Salad Apple, Milk | 6 Tuna Loaf Couscous Glazed Carrots Orange, Milk | 7 WG Spaghetti & Meat Sauce Peas & Carrots Pineapple, Milk | 8 Mac N' Cheese Buttery-Garlic Green Beans Banana, Milk |
| 11 WG Grill Cheese Sandwich Tomato Soup w/Rice Sliced Cucumbers Klementine, Milk | 12 Teriyaki Chicken WG Sesame Noodles Peas Apple, Milk | 13 Baked Eggs & Cheese- Casserole WG Garlic Roll Potato Hash Brown Orange, Milk | 14 Beef & Bean Chili WG Corn Bread Creamy Coleslaw Pineapple, Milk | 15 Tuna Salad WG Pita Pickles, Orange & Red Bell- Peppers Sticks Banana, Milk |
| 18 Egg Salad WG Roll Split Pea Soup, Pickles Klementine, Milk | 19 BBQ Chicken Hawaiian Macaroni Salad Peas Apple, Milk | 20 Baked Potato w/Cheese Topping Mushroom-Barley Soup, Orange, Milk | 21 Korean Meatballs Brown Rice Pickled Cucumber Salad Pineapple, Milk | 22 WG Pizza On Pita Garden-Romaine Salad Banana, Milk |
| 25 Vegetarian Chili Shredded Cheese WG Tortilla Chips Sliced Cucumbers Klementine, Milk | 26 Maple - Garlic Chicken WG Corn Bread Baked Sweet Poato Apple, Milk | 27 Cheese Lasagna Garden-Romaine Salad Orange, Milk | 28 Thankigiving | 29 School Closed |

Whole, unflavored milk is served to 1-year olds
Skim, or low fat (1%) unflavored milk is served to children ages 2 and older
All Grain items served are whole Grain-rich/enriched

On Tuesdays & Thursdays milk for lunch is served at 10:30 am (an hour before Lunch is served)







| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|-------------------|-----------------------|-------------------|----------------|
| | | | | 1 |
| | | | | Yogurt |
| | | | | Apple |
| | | | | |
| | | | | |
| 4 | 5 | 6 | 7 | 8 AC ONLY |
| Tea Biscuits | Orzo | Snack Crackers | Pita | Cottage Cheese |
| Milk | Salted Edamame | Sliced Cheese | Hummus | Apple |
| Yogurt | Tortilla Chips | Second Snack: | Pumpkin Bread | |
| Pineapple | Salsa | Cereal: Rice Krispies | Apple Sauce | |
| | | Milk | | |
| 11 | 12 | 13 | 14 | 15 AC ONLY |
| Rice Cakes | Baked Garlic Pita | French Fries | Tortilla Chips | Yogurt |
| Cottage Cheese | Hummus | Shredded Cheese | Salsa | WG Corn Bread |
| | | | | |
| Tea Biscuits | Trail Mix | Apple Sauce Muffins | Animal Crackers | |
| Milk | Pears | Milk | Apple Sauce | |
| 18 | 19 | 20 | 21 | 22 AC ONLY |
| Yogurt | Rice Cakes & Jam | Cereal: Corn Flakes | Tortilla Chips | Cottage Cheese |
| Pineapple | Pears | Milk | Salsa | Apple |
| Snack Crackers | Seasoned-Roasted | Tea Biscuits | Banana Muffins | |
| Sliced Cheese | Chickpeas | Peaches | Apple Sauce | |
| | Sliced Cucumbers | | | |
| 25 | 26 | 27 | 28 | 29 |
| Cottage Cheese | Pita | Cereal: Cheerios | Thanksgiving | School Closed |
| Pineapple | Hummus | Milk | t started general | |
| Graham Crackers | Trail Mix | No Aftercare | | |
| Milk | Pears | | | |

 $Whole, unflavored \ milk is served \ to \ 1-year \ Olds \\ Skim, or low fat (1%) unflavored \ milk is served \ to \ children \ ages \ 2 \ and \ older \\$